



LIVING WITH THE LIONS SPORTS TRAVEL

SAMPLE ITINERARY WEST INDIES (ST LUCIA)

DAY 1 - ARRIVE

Depart London Gatwick and arrive at Hewanorra International Airport early afternoon where you will be met and transferred to your beachside hotel for a 14 night stay.

DAY 2 – ST LUCIA

Morning training session. Return for the afternoon which you can spend on the beach or around the pool.

Day 3 – ST LUCIA

Match Day one vs local opposition

Enjoy an after match function with your hosts

Day 4 – ST LUCIA

Optional sightseeing tour to explore the tropical island of St Lucia.

Day 5 – ST LUCIA

Match Day two vs local opposition

Enjoy an after match function with your hosts

Day 6 – ST LUCIA

Optional full day private hire boat cruise which will take you along the coast before stopping for swimming and snorkelling. Have a buffet lunch before returning to your resort.

Day 7 – ST LUCIA

Match Day three vs local opposition

Enjoy an after match function with your hosts

Day 8 – ST LUCIA

Match Day four vs local opposition

Enjoy an after match function with your host

Day 9 – ST LUCIA

Maybe spend the day on a 4x4 jeep safari around the island. The trip includes lunch and a hike to a waterfall as well as some amazing off road adventures.

Day 10 – ST LUCIA

Match Day five vs local opposition

Enjoy an after match function with your host

Day 11 – ST LUCIA

Optional trip to the Rainforest Sky Ride. Discover the incredible beauty of the rainforest from above as you safely glide through the middle and upper canopy of a Caribbean Oceanic Rainforest.

Day 12 – ST LUCIA



Match Day six vs local opposition

Enjoy an after match function with your host

Day 13 – ST LUCIA

You will have some free time for some last-minute souvenir shopping before checking out of your hotel and transferring by coach to Hewanorra International Airport to check in for your flight to London.

Day 14 – HOME

Arrive back into London Gatwick and make your own arrangements onwards.

